

GOVERNMENT DEGREE COLLEGE, JAMMALAMADUGU

YSR Kadapa District, A.P. | Affiliated to Y.V. University, YSR Kadapa

ACCREDITED BY NAAC WITH 'B' GRADE

PROGRAMME REPORT: NATIONAL DEWORMING DAY

Date of Event	September 25, 2026
Organized By	Red Ribbon Club (RRC) Unit
Venue	Government Degree College, Jammalamadugu
Key Dignitaries	Principal: Dr. M. Ramesh RRC Coordinator: Dr. P. Subbarami Reddy ANM Representative: P. Salomi (Grama Sachivalayam, Namaz Katta)

1. INTRODUCTION

On **September 25, 2026**, the Red Ribbon Club (RRC) unit of Government Degree College, Jammalamadugu, organized a comprehensive health awareness and administration drive on the occasion of **National Deworming Day**. The initiative aimed at enhancing overall student health, physical growth, and nutritional status by administering deworming tablets (Albendazole 400mg) to prevent Soil-Transmitted Helminth (STH) infections.

The program was carried out in active collaboration with public health officials from the local administration, specifically **P. Salomi, ANM** representing the **Grama Sachivalayam, Namaz Katta**. The event witnessed enthusiastic participation from the Principal, Dr. M. Ramesh, faculty members, RRC volunteers, and students across various streams.

2. AIMS & OBJECTIVES

Promote Health & Fitness

Eliminate intestinal worm burdens among young adults to improve nutritional uptake and cognitive performance.

Raise Health Awareness

Educate students on personal hygiene, proper sanitation, and prevention of soil-transmitted helminthiasis.

Medication Coverage

Ensure 100% supervised intake of chewable Albendazole tablets supplied by public health departments.

Community Partnership

Strengthen ties between educational institutions and local Grama Sachivalayam health services for social welfare.

3. PROGRAM EXECUTION & DETAILS

The event commenced with an inaugural message by **Dr. P. Subbarami Reddy**, RRC Coordinator, who highlighted the critical role of preventive health initiatives in academic success. Principal **Dr. M. Ramesh** addressed the gathering, encouraging students to prioritize personal health and act as hygiene ambassadors in their respective communities.

P. Salomi (ANM) delivered an informative brief explaining the mechanism, chewable intake process, and absolute safety of Albendazole. Following the briefing, deworming tablets were distributed and administered directly to students under proper supervision.

4. KEY HEALTH GUIDELINES & PREVENTIVE MEASURES

- **Worm Burden Reduction:** Regular deworming prevents anemia, improves vitamin absorption, reduces fatigue, and boosts mental alertness.
- **Hand Hygiene:** Wash hands thoroughly with soap and clean water before consuming food and after using rest facilities.
- **Sanitation Practices:** Always wear protective footwear outdoors to break the transmission cycle of soil-transmitted worms.
- **Safe Consumption:** Ensure drinking water is safe, purified, or boiled, and keep food cooked and covered hygienically.

Program Impact & Learning Outcomes

The drive achieved complete chewable medication coverage for participating students, successfully increasing civic awareness regarding preventive health. Students demonstrated clear understanding of hygienic living practices and the significance of regular health check-ups.

5. PHOTO EVIDENCE & MEDIA DOCUMENTATION



Image 1: Tablet Administration

ANM P. Salomi administering the deworming tablet to a student in the presence of Principal Dr. M. Ramesh and staff.



Image 2: Faculty & Health Staff

Faculty members and health staff from Namaz Katta Grama Sachivalayam assembled during the RRC drive.



Image 3: Supervised Distribution

Female student receiving deworming medication and health guidance from local health personnel.



Image 4: Student Participation

RRC Coordinator Dr. P. Subbarami Reddy and Principal Dr. M. Ramesh overseeing the active student intake.

6. CONCLUSION

The **National Deworming Day Programme** organized by the Red Ribbon Club at Government Degree College, Jammalamadugu, concluded with great success. The joint effort between institutional leadership and local public health personnel ensured smooth execution, direct health benefits, and meaningful health education for the student community.